

Carrollton OrthoWest Invitational

WHEN: September 7th

WHERE: Carrollton Elementary School
401 Ben Scott Blvd.
Carrollton, GA 30117

HOTEL: Hampton Inn
28 Level Creek Road
Bremen, GA 30110
(770)537-9001

***Athletes will be excused from school after 6th period. All athletes should get an excuse note from Coach Carter, have that note signed by parent & 7th period teacher, and return to Coach Carter by Wednesday, 9/4.**

TRANSPORTATION: All athletes must ride the bus to the meet. They may ride home with parents.

COST: \$40/athlete (to help with cost of dinner & hotel). Can be paid via check (made out to “North Gwinnett XC Booster”) or XC Venmo here - <https://www.northfxc.com/xc-booster>

UNIFORMS: All athletes must wear the newer school-issued uniforms (red singlets with “NORTH” on the front). If you only have the older uniform (red singlet with “NG” symbol on the front), see Coach Carter.

ITINERARY:

Friday, September 6th

- 1:20 p.m. – Meet at front of NGHS to depart on the bus
- 3:30 p.m. – Arrive course to run
- 5:00 p.m. – Depart course for grocery store & hotel
- 5:30 p.m. – Arrive hotel
- 6:30 p.m. – Dinner (Olive Garden)
- 8:00 p.m. – Team Meetings
- 9:00 p.m. – Lights out

Saturday, September 7th

- 6:00 a.m. – Depart hotel
- 7:30 a.m. – JV Girls Early Race – Mooney, Brusck, Steed, Meyer, Gay, I.Traykova, Jastrzebski
- 8:00 a.m. – JV Boys Early Race – Maxwell, Bredemann, Morton, Choi, Colodny, Humphrey, E.Johnson
- 9:30 a.m. – Championship Girls – Gunn, Smith, A.Sams, Pope, Streleckis, Marshall, Steger
- 10:00 a.m. – Championship Boys – Hermansen, Beasley, Gaines, Chen, Andrews, Brubaker, K.Sutherland
- 11:30 a.m. – Depart Carrollton
- 1:30 p.m. – Arrive NGHS

AWARDS: Team – Varsity: Top 3 teams; JV: Top 2 teams
Individual – Varsity: Top 10; JV – Top 5

ADMISSION/PARKING: \$5/person (cash or GoFan) GoFan link:
<https://gofan.co/event/1680057?schoolId=GA4874>

COURSE MAP ON NEXT PAGE



Cross Country State Championships

5,000 meters | Carrollton, GA



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