

GHSA STATE 7A CHAMPIONSHIP

WHEN: November 4th

WHERE: Carrollton Elementary School
401 Ben Scott Blvd.
Carrollton, GA 30117

WHO: The 7 athletes listed below will race. The first alternate (listed below) will also travel with the team.

COST: Athletes should bring \$10 (cash) to for dinner Friday night (the rest is covered), and money for any snacks/breakfast, meet t-shirts, and lunch on the way home on Saturday.

HOTEL: Hampton Inn
28 Price Creek Road
Bremen, GA 30110
(770)537-9001

TRANSPORTATION: Coach Carter, Mrs. Hermansen, & Mrs. Sheth will be driving the athletes. We will depart on Friday. See itinerary below.

UNIFORMS: All athletes must wear the Varsity Championship uniform (Black singlet & red shorts).

ITINERARY:

Friday, November 3rd

12:45 p.m. – Depart NGHS (Senior Lot)

3:30 p.m. – Run the course

5:00 p.m. – Dinner (Olive Garden: 1379 S. Park St. Carrollton, GA 30117; 770-832-8885)

8:00 p.m. – Team Meetings

10:00 p.m. – Lights Out

Saturday, November 4th

5:30 a.m. – Breakfast

6:00 a.m. – Depart for Carrollton

8:00 a.m. – 7A Boys: Hermansen, Sheth, Chen, Beasley, Eyre, Gaines, Humphrey (alt. – Maxwell)

8:45 a.m. – 7A Girls: Sams, T.Pope, Mooney, Smith, DeCou, Steger, Streleckis (alt. – L.Pope)

10:30 a.m. – Depart Carrollton (stop for lunch)

1:00 p.m. – Arrive NGHS (Senior Lot)

AWARDS: Team – Top 4 teams receive trophies
Individual – Top 10 individuals receive medals

ADMISSION/PARKING: \$10/person
available at GoFan - <https://gofan.co/event/1136390?schoolId=GHSA>

COURSE MAP: See next page



Cross Country State Championships

5,000 meters | Carrollton, GA



Follow @OfficialGHSA on Twitter, Instagram, Facebook & YouTube.



Get Live Results at Perfect Timing Group - ptgrouponline.com