

**NORTH GWINNETT HIGH SCHOOL TRACK & FIELD - TOP 10 LIST**

\*denotes top 10 mark in Gwinnett County History

**100m Dash**

1	10.76	Javonni Cunningham	2019
2	10.85	Aaron Brebnor	2021
3	10.97	Wilson Taylor	2025
	10.97	Kevin Starks	2008
5	10.99	Eli Welch	2026
6	11.07	Colin Wainwright	2019
7	11.09	CJ Metcalf	2025
	11.09	Emmanuel Joseph	2018
	11.09	Nic Crawford	2010
	11.09	Chase Riley	2025

**200m Dash**

1	21.76	Javonni Cunningham	2019
2	21.93	Kevin Starks	2008
3	21.97	Aaron Brebnor	2021
4	22.10	Madai Similao	2025
	22.10	Kris Baker	2008
6	22.21	Brendan Jones	2025
7	22.42	CJ Metcalf	2026
8	22.44	Trey Sims	2010
9	22.45	Nic Crawford	2010
10	22.48	Jordon Weddington	2015

**400m Dash**

1	47.80	Jeramey Hampton	2015
2	48.77	Kevin Starks	2008
3	49.29	Brendan Jones	2025
4	49.93	Madai Similao	2025
5	50.02	Karon Hyppolite	2011
6	50.46	CJ Metcalf	2026
7	50.53	John Rooke	2015
8	50.82	Kevin Harris	2012
9	50.96	Dante Johnson	2011
10	51.00	Andres Littig	2013

**800m Run**

1	1:50.93*	Jeramey Hampton	2015
2	1:52.41*	Andres Littig	2012
3	1:57.28	Jackson McClimans	2019
4	1:57.83	Moses Mitchell	2023
5	1:57.89	Haydn Hermansen	2025
6	1:58.69	Scott Morton	2025
7	1:58.88	Adam Williams	2006
8	2:00.05	Harris Martin	2022
9	2:00.28	Joyner Bousquet	2016
10	2:00.56	Kyle Phillips	2026

**1600m Run**

1	4:14.93c	Haydn Hermansen	2025
2	4:21.26	Kyle Chen	2025
3	4:23.42	Michael Maron	2021
4	4:23.77	Andres Littig	2012
5	4:30.19	Matthew Ursprung	2011
6	4:30.30	Owen Lewis	2026
7	4:30.89	Carter Holland	2017
8	4:32.79c	Brett Luna	2005
9	4:33.97	Alex Kaas	2006
10	4:35.92	Stephen Pipes	2017

**3200m Run**

1	9:17.17	Hayden Hermansen	2026
2	9:24.94	Kyle Chen	2026
3	9:43.41	Michael Maron	2021
4	9:47.62	Owen Gaines	2026
5	9:49.92	Yianni Pothoulakis	2022
6	9:53.14	Spencer Bradham	2013
7	9:54.52	Carter Patton	2020
8	9:57.22	Arjun Sheth	2024
9	9:57.62	Matthew Ursprung	2010
10	10:03.18	Carter Holland	2017

**110m Hurdles**

1	14.01*	Colin Wainwright	2019
2	14.45	Nasir Christian	2018
3	14.93	Kitaro Lewis	2011
4	15.06	Gabe Tolbert	2026
5	15.08	Landon Chovanic	2024
6	15.16	Caleb Scott	2013
7	15.42	Jordan Thomas	2012
8	15.70	Bill Corbett	2009
9	15.71	Defarra Gayman	2013
10	15.76	Jude Holiday	2022

**300m Hurdles**

1	38.77	Colin Wainwright	2019
2	39.77	Fisayo Morton	2026
3	39.77	Jordan Thomas	2014
4	40.47	Nasir Christian	2017
5	40.48	Gabriel Tolbert	2026
6	40.51	Kitaro Lewis	2011
7	40.60	Jude Holiday	2022
8	40.66	Ford Fox	2023
9	41.04	Nijel Jackson	2025
	41.04	Landon Chovanic	2024

**Long Jump**

1	23-00.75	Tristan Weddington	2019
2	22-5.5	Joshua Downs	2018
3	22-4	Aiden Ellis	2026
4	22-3.5	John Paul Harley	2014
5	22-0.5	Devante Kershaw	2014
6	21-9	Tiray Lavender	2019
7	21-8.5	Johnny Lofton	2024
8	21-8	Colin Wainwright	2018
9	21-4.5	Kyron Long	2026
10	20-7.5	KJ Hancock	2016
	20-7.5	Stephen Rosado	2009

**Triple Jump**

1	48-1.5*	Malcolm Jackson	2012
2	46-7.5	Joshua Downs	2018
3	46-2	Devante Kershaw	2014
4	45-5.5	Tiray Lavender	2019
5	44-0.5	Silas Walker	2026
6	43-11.75	Emmanuel Joseph	2018
7	43-0.5	Kyron Long	2026
	43-0.5	Fisayo Morton	2026
9	42-1	Malik Roberts	2025
10	41-11	Justin Dickens	2010

<b>Shot Put</b>			
1	57-5	Yoosang Kim	2019
2	50-9.5	Zachary Lewis	2025
3	50-6	Spencer Moore	2020
4	48-3	Michael Hicks	2022
5	46-11.75	Aiden deWet	2024
6	46-10	Robert Sherrod	2025
7	45-11	DeVondre Seymour	2012
8	44-5	David Echard	2017
9	44-2	Erroll Allen	2012
10	43-4.5	Zach Walters	2018

<b>Pole Vault</b>			
1	15-6*	Jeremy Geigle	1992
2	15-0	Zach Luna	2007
3	14-0	Luke Feldman	2025
	14-0	Wes Gresham	2006
5	13-6	Nicholas Rivord	2021
	13-6	Joshua Murzello	2022
	13-6	Boom Nuanual	2008
	13-6	Valentino Sorto	2019
9	13-0	Jakin Eyre	2026
10	12-6	Timmy Hoell	2014
	12-6	Jordan Brooks	2013
	12-6	Tyler Shellnut	2013
	12-6	Scott Eyre	2023
	12-6	Mitchell Brice	2016

<b>4x100m Relay</b>			
1	42.26	J Cunningham, C Wainwright, T Weddington, A Br	2019
2	42.32	N Christian, T Weddington, J Cunningham, C Wain	2018
3	42.33	N Christian, T Weddington, J Cunningham, C Wain	2025
4	42.59	Vincent, Riley, Metcalf, Akarue	2026
5	42.63	Welch, Riley, Metcalf, Akarue	2026
6	42.72	Region 7 Championship	2008
7	42.74	Ellis, Vincent, Howard, Welch	2026
8	42.75	Region 7 Championship	2006
9	42.76	Ellis, Riley, Long, Bailey	2026
10	42.93	Lofton, Taylor, Akarue, Metcalf	2024

<b>4x400m Relay</b>			
1	03:19.14	J Hampton, J Thomas, J Rooke, T Bramblett	2014
2	03:20.40	Georgia Olympics	2008
3	03:20.61	Georgia Olympics	2011
4	03:22.62	Jones, Metcalf, Ibe, Phillips	2026
5	03:22.74	H Buckley, J Rooke, W Varner, J Hampton	2015
6	03:22.88	J Hampton, A Littig, J Rooke, J Thomas	2013
7	03:23.26		2010
8	03:23.46	Similao, Jones, Ibe, Morton	2025
9	03:26.23	N Christian, D Powell, C Wainwright, B Dotson	2018
10	03:26.25	G.Tolbert, Jones, Ibe, Phillips	2026

<b>800 SMR</b>			
1	1:32.11*	J Weddington, T Bramblett, J Rooke, J Hampton	2014

<b>DMR</b>			
1	10:54.34	M Maron, M Mitchell, M Drane, W Collett	2021

<b>Discus</b>			
1	185-10*	Kibwe Johnson	1999
2	148-11	Michael Hicks	2022
3	143-2	Eugene Kim	2019
4	133-9	Zachary Lewis	2025
5	132-0	Troy Fortin	2016
6	130-8	Aiden deWet	2024
7	128-8	Spencer Moore	2020
8	124-3	Ryan Bronaugh	2019
9	122-10	Justin Alabi	2010
10	121-6	Jeho Chang	2014

<b>High Jump</b>			
1	6-10*	John Paul Harley	2014
2	6-8*	Matthew Haller	1997
3	6-4	Trisstan Weddington	2019
		Kendall Johnson	2023
5	6-0	Myles David	2026
		Miles Griffin	2024
		Tiray Lavender	2019
		Jordan Weddington	2015
9	5-10	Silas Walker	2026
		Chad Scott	2012
		Stephen Rosado	2009
		Brandon DuBois	2017
		John Thompson	2009
		Justin Dickens	2009
		Joe Brook	2014
		Nic Crawford	2010

<b>4x200m Relay</b>			
1	01:28.20	Jackson, Metcalf, Jones, Similao	2025
2	01:28.48	Similao, Metcalf, Jones, Vincent	2025
3	01:30.05	Jones, Huggins, Metcalf, Similao	2024
4	01:30.38	Jones, Vincent, Bailey, Welch	2026
5	01:30.39	J Lofton, M Similao, F Fox, H Jai	2024
6	01:30.54	J Lofton, M Similao, C Jordan, K Holmes	2023
7	01:30.62	Metcalf, Jones, Similao, Ibe	2025
8	01:31.41	Welch, Metcalf, Jones, Vincent	2026
9	01:32.11	E Joseph, C Wainwright, J Downs, J Cunnir	2018
10	01:32.20	Ellis, Riley, Bailey, Diaz	2026

<b>4x800m Relay</b>			
1	07:59.04	T Jones, J Hampton, S Bradham, A Littig	2012
2	08:01.99	Morton, Beasley, Chen, Hermansen	2025
3	08:10.52	M Drane, H Martin, M Mitchell, Y Pothoula	2022
4	08:12.33	Harper, Maddox, Chen, Hermansen	2026
5	08:16.64	C Sevidal, A Littig, C York, S Bradham	2012
6	08:17.31	Phillips, Brubaker, Bredemann, Morton	2025
7	08:17.74	Phillips, Harper, Maddox, Lewis	2026
8	08:18.27	H Martin, C Hambacker, C Niemann, A Stre	2021
9	08:18.46	Ambrosi, Beasley, Sheth, Morton	2024
10	08:20.63	H Hermansen, K Chen, A Sheth, S Morton	2024

<b>4x1600m Relay</b>			
1	18:10.08	Chen, Lewis, Gaines, Hermansen	2026

<b>1600 SMR</b>			
1	03:42.31	A Littig, D Johnson, T Sims, N Crawford	2010