

GHS SECTIONAL A QUALIFIER (Regions 1,2,4,7)

May 4, 2024

Valdosta High School

4590 Inner Perimeter Road

Valdosta, GA 31602

ADMISSION: \$8/person

SECTIONALS SURVEY: All Sectional Athletes must fill out this survey to let Coach Carter know your intended travel & accommodation plans – <https://forms.gle/htCdmnFjpVDvJ8wGA>

ATHLETE COST:

- We are asking all athletes to contribute \$30 to defray the cost of hotel & dinner (athletes travelling on Friday) and charter bus (athletes travelling on Saturday). You can pay via Venmo here – <https://www.northtfxc.com/tf-booster>.
- Athletes will need money for food enroute and any additional food, snacks, meet shirts, etc.

HOTEL: Best Western Plus
4025 Northlake Drive
Valdosta, GA 31602
(229)241-9221

TRANSPORTATION & ITINERARY:

- Athletes competing in field events and the 1600 will travel to Valdosta on Friday. Athletes competing in all other events will travel to Valdosta on Saturday
- Athletes travelling on Friday may ride with parents or may carpool with other parents/coaches
- Athletes travelling on Saturday will travel on a charter bus (see itinerary below). Those athletes may ride with parents if approval given from Coach Carter.
 - Any athletes competing in field events or 1600 who'd like to wait until Saturday to travel & athletes in other events who'd like to come down on Friday must contact Coach Carter.
 - Relay alternates will not need to travel to Valdosta unless specifically requested by their event coach.

Friday:

12:00 p.m. – Depart from front of NGHS (athletes will be excused from class at 11:45 a.m.)

TBD – Stop for lunch enroute

5:00 p.m. – Arrive Valdosta

6:30 p.m. – Dinner at Hotel (Olive Garden)

10:00 p.m. – Room check & lights out

Saturday:

5:30 a.m. – Meet in NGHS Senior Lot

6:00 a.m. – Depart NGHS

TBD – Stop for lunch enroute

11:00 a.m. – Arrive Valdosta High School

After Meet Ends:

~6:30 p.m. – Depart Valdosta (Athletes who rode the bus may ride home with parents. Athletes who carpooled with other parents on Friday may ride back on the bus if room permits. All athletes must check with Coach Carter prior to departing Valdosta.)

TBD – Stop for dinner enroute

11:00 p.m. – Arrive NGHS

IMPORTANT ATHLETE INFO:

- Athletes in the same relay must have uniforms that match exactly.
- Shot Put, Discus, Long Jump, Triple Jump: Each competitor will get 3 attempts. The top 9 competitors will advance to finals where they will get 3 additional attempts.
- No electronic devices allowed in the check-in or competitive areas.
- Infield will be closed to all athletes not competing or warming up

QUALIFYING FOR STATE: Top 8 from Sectionals qualify for State (May 9th through 11th at Carrollton High School)

MEET SCHEDULE & ENTRIES ON THE FOLLOWING PAGE

MEET SCHEDULE & ENTRIES

Field Events

- 9:00 a.m.** **Girls High Jump** – Godfrey
Girls Long Jump – Godfrey, Martin
Girls Shot Put
Boys Discus – De Wet
Boys Pole Vault – Feldman, Eyre
Boys Triple Jump
- 11:00 a.m.** **Girls Discus**
Girls Pole Vault - Norris
Girls Triple Jump – Tagbo, Michel, Daly
Boys High Jump - Griffin
Boys Long Jump
Boys Shot Put – De Wet, Sherrod

Running Events

- 9:45 a.m.** **1600** Streleckis, Smith, Gunn
 Hermansen, Chen
- 1:00 p.m.** **4x800** Smith, Gunn, T.Pope, Streleckis
 Ambrosi, Beasley, Sheth, Morton, Hermansen, Chen
- 1:40 p.m.** **100/110 Hurdles** Barnes, Martin
 Chovanic
- 2:00 p.m.** **100** Barnes
- 2:20 p.m.** **4x200** Jones, Metcalf, Akarue, Similao, Jai, Taylor
- 3:00 p.m.** **4x100** Barnes, Godfrey, Michel, Martin, Tagbo
 Taylor, Akarue, Similao, Metcalf
- 3:20 p.m.** **400** Similao
- 3:45 p.m.** **300 Hurdles** Martin
 Chovanic
- 4:20 p.m.** **800** Morton
- 4:50 p.m.** **200** Similao
- 5:10 p.m.** **3200** Smith, Streleckis, Gunn
 Hermansen, Chen, Beasley
- 5:40 p.m.** **4x400** Jones, Clark, Similao, Jai, Phillips, Kim