

2023 COACH WOOD INVITATIONAL

When: Oct. 14th, 2023

Where: McIntosh Nature Preserve
1046 W McIntosh Circle
Whitesburg, GA 30185

Transportation: Athletes in the Varsity and Championship JV races should provide their own transportation. We will have 1 bus available for athletes running the JV Blue races. Athletes must sign up for the bus by 6:00 p.m. on Wednesday. You can sign up here - <https://forms.gle/PY5ma2c4Jr92B8VQ6>

Meet Schedule:

- 8:15 Championship Girls** – Gunn, Sams, T.Pope, Smith, DeCou, Steger, Shappert, L.Pope/Mooney
8:40 Championship Boys – Hermansen, Sheth, Chen, Eyre, Humphrey, Maxwell, Andrews, E.Johnson/Beasley
9:05 JV Championship Girls – L.Pope (if not racing Varsity), Jastrzebski, S.Krafick, Eaker, Waters, Choi, Peterson, Beasley, Kerns, Phelan, K.Traykova, Maia*/Patwardhan*/L.Krafick*
9:35 JV Championship Boys – E.Johnson (if not racing Varsity), Wu, Sutherland, Brubaker, Guerrero, Colodny, Bredemann, Choi, Carter, M.Johnson, Forren, Kerns, Nelson* (if E.Johnson racing Varsity)
11:15 JV Blue Girls – Maia*/L.Krafick* (if not racing Champ JV), Perez, Rowe, Boeru, Hardin, Armento, Kim
11:40 JV Blue Boys – Nelson (if not racing Champ JV), Harris, Jones, Knopp, Maddox, Sowter, Jimenez, Tabor, Nicoara, Hatcher, Cha, Roebuck, Onyenweaku, Adeyemo

Awards: Team – Top 3 teams in each race
Individual – Top 25 individuals in each race

Parking: \$15 per car (pay using Venmo code below)
Coaches - \$5 per car

*McIntosh Preserve is notorious for having no cell phone reception. If using Venmo, pay in advance and save a screenshot of your Venmo receipt to show park officials upon arrival.

Parking \$15 – Pay now with Venmo

@runmcxc



Mill Creek XC Booster Club Inc
@runmcxc

venmo

SEE FOLLOWING PAGE FOR COURSE MAP

